

Program Details Class Time: 8am—5pm Class Size: 20-24 Students

#### Registration

For registration information please call our main office at (907) 563-4463 or e-mail LTRoffice@alaska.net

Please Bring Closed toe shoes Comfortable clothing

Red Cross Ratings First Aid CPR/AED Bloodborne Pathogens



# Learn To Return

## Delayed Care, First Aid

The LTR Delayed Care program is an entry level program that brings a higher level of both awareness and response capabilities to your field program or recreational pursuits.

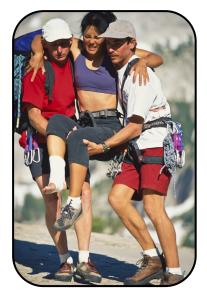


### **Program Overview**

An 8 hour training session dealing with basic first -aid as well as adapted medical skills. Students learn about bleeding and infection control, use of EPI pens, insulin, and how CPR is conducted under field conditions. Moving patients onto pads, blankets, into shelter, and keeping them warm is crucial to remote field care.

#### **Training Focus**

The 1-day Delayed Care First-Aid program is designed as an entry level program for workers or recreationists where medical help may be temporarily delayed. The program focus is on medical scenarios that occur in rural or remote settings and how lay responders can expand their basic first-aid training to better care for those involved. Students learn to quickly stabilize a casualty, move them to protection and initiate contact with EMS to gain help for their patient.





#### **Practical Scenarios**

Students should be prepared to participate in active drills that will have you interviewing, assessing, and treating a variety of simulated injuries and conditions throughout training. Using real world medical kits, course participants will be applying trauma dressings in bleeding emergencies, stabilizing fractures, conducting basic assessments, and improvising litters.

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