



Learn To Return™

Cold Weather Safety and Survival

Specialized professional educational programs designed to provide knowledge, experience and confidence in emergency situations.

Program Details:

Class Time:

8am—5pm

Class Size:

20-24 Students

Registration

For registration information please call our office at (907) 563-4463 or e-mail LTRoffice@alaska.net

Please Bring

Cold weather clothing
Water bottle
Personal Knife



Program Overview

The Cold Weather Safety course is a one day program that provides students with education on trip planning, journey management and emergency survival skills for below freezing temperatures. Learning to choose the right clothing, how to prevent frostbite, and how to keep and create heat are the main focuses of the training. Skills instructed can be applied to vehicle breakdowns, remote work sites or snowmachine travel.

Classroom Training

Attendees practice hands-on skills to prepare for their afternoon outdoor field session. This includes a first-aid review, trying on different types of arctic clothing, and how to build and use emergency survival kits. Students practice knot tying and lashing with cord and how to use tarps for quick shelters. The students even learn how to make fishing nets and hasty snow shoes.



Outdoor Training

Students in the cold weather program get an opportunity to test their new skills under the guidance of LTR Instructors. Participants arrive at our Anchorage field site and are issued survival kits, food rations, fire building kits, and live pyrotechnic signal flares. The four hour field session provides a controlled environment to practice real survival skills and students graduate the day with real hands-on experience.

LTR Training Systems, Inc.

5761 Silverado Way, Suite Q • Anchorage, Alaska 99518-1370
ph(907) 563-4463 • fax(907) 563-4463 • www.survivaltraining.com

