

Learn To Return

Basic Fall Protection Authorized User



Program Overview

OSHA data continually shows that falls from heights consistently remain the leading cause of workplace fatalities. Not surprisingly, fall protection was the most frequently cited violation by OSHA every year. Effective fall protection programs rely on an informed choice of equipment and knowledge on how to safeguard oneself and others from potential hazards. This 4-hour program on Fall Protection ensures that workers and managers understand the importance of being fall "aware" at any height and the need for fall protection whenever there is any risk of a fall.

Classroom Training

Students are introduced to common industrial fall scenarios where fall protection made a difference and then quickly progress to discussions on injury potential from even short falls. Attendees review common fall protection systems and control methods of keeping workers restrained from falling. An overview is provided of OSHA, ANSI and state of Alaska fall protection regulations, including OSHA 1910 Subpart D, Walking-Working Surfaces.





Hands-on Session

Students in the 4-hour LTR program are exposed to all common fall protection equipment for optimum employee training. Students inspect harnesses and associated PPE and at the LTR facility, and are given the opportunity to test the harness in actual suspension. Students also practice attaching self retracting life-lines and discuss proper usage of the equipment.

LTR Training Systems, Inc. 5761 Silverado Way, Suite Q • Anchorage, Alaska 99518-1370 ph(907) 563-4463 • fax(907) 563-9185 • www.survivaltraining.com



Program Details

Class Time: 8am—12pm Class Size: 25 Students

Registration

For registration information please call our main office at (907) 563-4463 or e-mail LTRoffice@alaska.net

Please Bring

Closed toe Shoes/Boots Comfortable Clothing

