



- ◆ SAFETY
- ◆ SURVIVAL
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LTR TRAINING SYSTEMS

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Specialized Fall Protection Tower Rescue

Curriculum Overview

(12 hrs classroom, 8 hrs lab, 4 hours field simulation)

3 Days of Informative, Rewarding, Hands On Training

The S.F.P.T (Specialized Fall Protection Training) curriculum was originally developed for the Federal Aviation Administration, by LTR Training Systems of Anchorage Alaska. The program's overall objective is to instruct students in the safe approach to understanding the procedures for tower climbing operations while incorporating Specialized Fall Protection Training, and to have the ability to organize a response to emergency episodes involving tower workers with limited resources working in possibly remote areas. Course curriculum can be customized to your work environment, Telecommunications Tower, Electrical Tower, Scaffolding and Bridge fall protection systems are a few of the areas where this training is beneficial.

This course addresses current OSHA regulations regarding fall protection, personnel training requirements and their obligation to provide timely rescue options for personnel requiring fall protection. NFPA recommendations regarding rescue equipment and standards are also covered. Course includes classroom training with multiple hands-on lab sessions and a practical simulation the last afternoon. Employers specialized fall protection systems will be incorporated into the training. If a current fall protection plan is not in place, LTR can help develop fall protection and rescue plans which offer your employee maximum protection and complies with OSHA regulations.



Student Tuition: CALL
Course Dates: CALL

Course Topics Include:

- Fall Protection Standards & Practices
- Fall Protection Equipment
- Onsite Hazard Evaluations
- Personal Protective Equipment
- Emergency Medicine – Spinal Management
- Safe Climbing Techniques
- Rescue Theory and Team Organization
- Self Rescue Techniques
- Assisted Rescue Techniques
- Anchor Systems and Loads

Student Requirements:

- OSHA Approved Full Body harness
- Hard Hat with Chin Strap
- Gloves
- Safety Glasses
- LTR Risk & Fitness to Participate Form

Student should be in good physical condition, training includes actual tower rescue scenarios. Boots with good ankle support should be worn, clothing for current local weather conditions should be worn. A sack lunch with water bottle or plenty of fluids is recommended.

"Learn to Return"