



- ◆ SAFETY
- ◆ SURVIVAL
- ◆ SECURITY

# LTR TRAINING SYSTEMS

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## LIFEBOAT COMMANDER

**Curriculum Overview**  
(4 hrs classroom, 4 hrs open water)

This program focuses on safety and survival in a platform abandonment situation. Familiarity with inspection, maintenance requirements, davits, release gear, winch mechanism and operation of the TEMPSC are stressed in the course. Platform Station Bills, Personnel Duties, Muster Areas, Escape Routes and Tertiary Escape Routes will be covered. Finally rescue options and techniques will be discussed and practiced in an actual abandonment scenario that will test both operating and group survival skills. Course will be taught to U.S. Coast Guard Standards.

### Course Objectives:

- 1) To understand techniques for signaling, rescue and open ocean survival that increase an individual's ability to survive.
- 2) To be familiar with survival situations in cold water and cold water near drowning.
- 3) To fully understand operating, maintenance and inspection requirements for the TEMPSC.
- 4) To gain experience in the care, donning and use of Immersion suits, survival swimming.
- 5) To understand techniques for vessel abandonment, station bill duties, signaling.
- 6) To be familiar with pre-positioned marine life-support equipment, its function and usage.
- 7) To lower a student's anxiety over real emergencies by participating in a realistic simulation of a water emergency, and through hands on experience with Lifesaving Equipment.



### Course Content:

- 1) Course introduction, Schedule, Typical Scenarios
- 2) Cold Water Survival, Autonomic Stress Reaction
- 3) May Day Messages, Station Bill Responsibilities
- 4) Platform Emergency Response Plans
- 5) Personal Clothing, Personal Flotation Devices
- 6) Survival Suit Donning, Survival Swimming Techniques
- 7) Improvised Flotation, Water Entry from Height
- 8) TEMPSC Inspection and Maintenance Schedules.
- 9) Vessel Abandonment, Life Raft Launching, Epirbs
- 10) Vessel handling and capabilities.
- 11) Common rescue devices and options.

### Student Requirements:

Students should be dressed as they would for a normal days work, with appropriate PPE and adequate protection from current weather conditions.

**HAVE FUN !!!**