

# Learn To Return™



## Program Details

### Class Time:

8am—5pm

### Class Size:

20 Students

## Registration

For registration information please call our main office at (907) 563-4463 or e-mail [LTRoffice@alaska.net](mailto:LTRoffice@alaska.net)

## Please Bring

Closed toe shoes  
Comfortable clothing  
Change of clothing  
Water bottle  
Towel



## Marine Offshore Safety & Survival

*4-5 hours classroom and lab training, 3.5 hours pool or lake training*

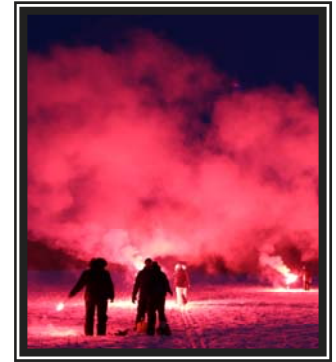
## Program Information

This program focuses on survival in an ocean environment for oil platforms workers, industrial vessels, and smaller support watercraft crews. The training consists of classroom lectures on the academics of marine offshore survival, hands on laboratory exercises using rescue/safety devices, and a water session which allows students to practice with various PFDs, rescue devices and also several waterborne survival techniques.



## Classroom Training

Classroom training covers station bills, fire systems, vessel abandonment, cold water exposure, victim recovery, use of rescue signals, and specific USCG rescue equipment. Students also receive instruction on the physiology of drowning, CPR for the drowning victim, and hypothermia treatment. In addition, students participate in the following lab exercises: PFD selection, survival suit donning, and rafting techniques.



## Water Session

During the afternoon pool or lake session, students practice PFD and survival suit donning, survival swimming techniques, throw bag usage and practice man-overboard rescues. Students also utilize techniques for boarding a life raft and Zodiac style rescue boat, as well as practice boarding of the USCG helicopter rescue basket. In addition, students practice the ergonomic and medical procedures for removing patients from the water using the spine board lever technique. After course completion wallet certification cards are issued on site.



LTR Training Systems, Inc.

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